

PLC AQUATIC HOLIDAY PROGRAMS 2019

SWIM SYNCHRO DIVE

**** NO REFUNDS or MAKE UP LESSONS ARE AVAILABLE ON THIS PROGRAM ****

Swim/Dive/Synchro	January Program 1	7 - 10 January (4 Days)
Swim/Dive	January Program 2	14 - 17 January (4 Days)
Swim/Dive	January Program 3	21 - 24 January (4 Days)

Synchronised Swimming Fees	Program 3 (4 days)	\$60.00	NO REFUNDS
Swim and Dive Program Fees	Any one program	\$115.00	NO REFUNDS
	Any two programs	\$215.00	NO REFUNDS
	Any three programs	\$295.00	NO REFUNDS

Learn to Swim & Water Safety Program

ABILITY LEVELS: *(The swimming and water safety programs are for children aged 3 years and over)*

	LEVEL
Beginner - MUST BE AT LEAST 3 YRS OF AGE	1 - WHITE
Able to submerge fully, push off, kick and glide for 2 metres unaided, kick on back with a kickboard	2 - RED
Can swim 5m of freestyle arms and 5m of backstroke	3 - ORANGE
Can swim 7m of freestyle with breathing, 7m of backstroke and breaststroke kick	4 - PURPLE
Can swim 10m of freestyle bi-lateral breathing, 10m of backstroke and 5m of breaststroke	5 - PINK
Can swim 25m of freestyle bi-lateral breathing, 25m of backstroke, 10m of breaststroke and 25m dolphin kick	6 - ROYAL
Can swim 50m of freestyle and backstroke, 25m of breaststroke and 10m of butterfly. Tumble turn and dive	7 - L/BLUE
Can swim 75m of freestyle and backstroke, 50m of breaststroke and 15m of butterfly. All tumble turns and dive	8 - GREEN

Green classes will only be scheduled for one session at 9am, 10am or 11 am, depending on demand.

Swim Program Times (40 minutes) 9am 9:40am 10:20am 11am

Diving Program

The program aims to provide an introduction to spring board diving in a fun environment allowing maximum participation & achievement through a variety of activities from the pool edge, 1m & 3m diving boards.

Pre-requisites:- ♦ Aged 7+ ♦ Able to dive off pool edge confidently ♦ Confidently swim in deep water

Dive Program Times (60 minutes) 9am 10am 11am

Synchronised Swimming Program

Pre-requisites:- ♦ Able to confidently swim 25m Freestyle, Backstroke and Breaststroke in deep water

Synchro Program Times (60 minutes) 10am 11am

Applications will be processed in order received and according to class availability.

PLC Aquatic Centre Collection Notice - A requirement of the Australian Privacy Act

The PLC Aquatic Centre collects personal information, including sensitive information about students, parents and other adults, during the course of a student's enrolment at the College, and in the case of adults, while a patron of the PLC Aquatic Centre. The primary purpose of collecting this information is to enable the Aquatic Centre to provide a recreational service to you. This includes satisfying the needs of any club, association or swimming organisations to which we are affiliated. Some of the information we collect is to satisfy legal obligations, particularly to enable the Centre to discharge its duty of care. Certain laws governing or relating to the operation of the College require that certain information be collected. Health information is sensitive information within the terms of the National Privacy Principles under the Privacy Act. We require medical reports about patrons from time to time. If you do not consent to us obtaining this information we may not be able to enrol or continue your enrolment. The PLC Aquatic Centre from time to time has to disclose certain personal information and sensitive information to others, including the College, other Clubs, medical practitioners, and people providing services to the Centre, including specialist visiting teachers (sports), coaches and volunteers. Patrons may seek access to personal information collected about them and their son/daughter by contacting the Centre. However, there will be occasions when access is denied. Such occasions would include those where the release would have an unreasonable impact on the privacy of others or where release may result in a breach of the Centre's duty of care to the student or patron. If you provide the Centre with the personal information of others, you should inform them that you are disclosing that information to the Centre and why, so that they can access that information if they wish. The Centre does not usually disclose this information to other parties.

Elaine Collin Principal

MEDICAL RELEASE AND DECLARATION

I (Print Name) _____ give permission to Presbyterian Ladies' College to obtain appropriate medical / emergency attention for the applicant(s) on this form if no parent or guardian can be contacted at the time. I acknowledge and accept that circumstances may occur where it is necessary for the College to arrange immediate medical treatment in an emergency situation, even involving hospitalisation, surgery and the administering of anaesthetics. I authorise the College to act in such circumstances with the interests and welfare of the applicant(s) in mind. I hereby confirm that the applicant(s) named on this application form, and their guardians, will abide by the conditions for use of the Aquatic Centre including and not restricted to running, rough play or acting in an anti-social manner. This release form is applicable only while the applicant is enrolled in the program. I understand this information is collected and held in accordance with the provisions of the Privacy Act.

Signature of Parent/Guardian _____ **Date:** _____

Relationship of the above to the Applicant: _____



Presbyterian Ladies' College

MELBOURNE

PLC AQUATIC HOLIDAY PROGRAM

Please return this Application with payment to:

PLC Aquatic Centre, 141 Burwood Highway, Burwood, 3125 or

email: learntoswim@plc.vic.edu.au or fax: 9889 8368

Swim/Dive/Synchro January Program 1 7 - 10 January (4 Days)
Swim/Dive January Program 2 14 - 17 January (4 Days)
Swim/Dive January Program 3 21 - 24 January (4 Days)

SURNAME:

Table with 7 columns: STUDENT'S FIRST NAME, DATE OF BIRTH, SEX, PROGRAM DATE, SWIM/DIVE/SYNC PROGRAM, 3 PREFERENCE TIMES, SWIM ABILITY (See table PTO)

Green classes will only be scheduled for one session at 9am, 10am or 11 am, depending on demand.

PARENT 1 NAME: MOBILE: RELATIONSHIP:
PARENT 2 NAME: MOBILE: RELATIONSHIP:

EMAIL:

POSTAL ADDRESS:

SUBURB: POSTCODE:

HOME TELEPHONE: WORK TELEPHONE:

EMERGENCY CONTACT NAME: RELATIONSHIP

TELEPHONE NO. HM WK MOB

Please advise us of any medical conditions your child/ren have which may be relevant to our teaching staff:

***All children, 10 and under, enrolled in out of school hours aquatic programs must have a parent or carer (16 years and over) present at all times whilst in the Aquatic Centre.

PAYMENT DETAILS - ** NO REFUNDS or MAKE UP LESSONS ARE AVAILABLE ON THIS PROGRAM

PAYMENT METHODS (Please tick) TOTAL AMOUNT PAYABLE = \$

- Cash (Not Preferred) School Account - NOT AVAILABLE
Cheque (Cheques made payable to Presbyterian Ladies' College)
Credit Card Visa or Mastercard (please circle)

CREDIT CARD NUMBER EXPIRY NUMBER

Card Holder's Name Signature